A desideratum of a theory of practice is thus that it not rob the agency of those who engage in it. I extend work I have done with John Krakauer on the nature of skill to the nature of practice. On the resulting account, which I contrast with Bourdieu’s habitus, engaging in a practice manifests agency, the capacity to do otherwise. It elucidates the role of responsibility involved in complicity in a practice. Finally, it allows us to recognize the role that violence plays in the restriction of agency in practice.